**Don Diggs, L.Ac., Dipl. Ac., Dipl. C.H., Dipl. O.M., AD**

**8218 Wisconsin Ave., Ste #304**

**Bethesda, Maryland 20816**

**301 654-9369 (Bethesda Office)**

**301 654 9369(Columbia Office)**

STATEMENT OF UNDERSTANDING

I understand that Don Diggs is an Ayurvedic Doctor/Practitioner and Educator who provides me with information on the Ayurvedic approach to health care, which according to the Ayurvedic theory, may affect my diet and health in a positive way. Ayurveda does **not** fall within the scope of practice for Acupuncture in Maryland. I understand that Mr. Diggs is ***not*** a medical doctor, has not presented himself as such, and does **not** seek to medically diagnose, treat or prescribe for disease, disorder or other pathological conditions. I agree that I am interested in enhancing my own abilities to heal and establish health in mind and body, and this is the reason I have sought his Ayurvedic consulting services. I agree that I may consult a licensed physician for any concern, at any time, about any disease or pathology, which now exists or arises at any time during my professional relationship with Mr. Diggs. Furthermore, I understand that Mr. Diggs encourages *regular medical checkups* from a licensed medical doctor of my choice, and that any medication that I am now taking upon my licensed physician's advice or will take in the future is to be taken strictly according to my licensed medical doctor’s directions. Furthermore that only a licensed medical doctor of my choice can advise on medication dosages, or the discontinuance or resumption of such *medically prescribed medicine*. My signature below acknowledges the above statements as fully read and understood.

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Client's Signature Date

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Don Diggs, Ayurvedic Practitioner Date